LJMU HOSPITAL PHARMACY PLACEMENTS

Patient booklet

Instructions

This booklet should be used in conjunction with the LJMU Hospital Pharmacy Placement Guidance Document to record your findings from each of the tasks outlined in the Guidance Document. You should NOT attempt to complete ANY section of this booklet without first reviewing and following the instructions in the corresponding section of the Guidance Document. Additional copies of appendices C and D can be downloaded from Canvas. Each patient you review will require a separate copy of this booklet.

You must NOT include any patient identifiable information at any point in any of your work. Patient identifiable information is ANY information that could be used to identify a patient either directly or indirectly such as name, date of birth, address or hospital/NHS number.

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Section 1: Consent

| Patient consent obtained | Signed | _(LJMU student) | Date |
|--------------------------|--------|-----------------|------|
|--------------------------|--------|-----------------|------|

Section 2: Data collection

Task 2.1 – Gathering Admission Information

| Patient demographics | Initials | Sex | Age | - |
|--------------------------------------|----------|-----|-----|---|
| Presenting complaint (PC) | | | | |
| History of presenting complain (HPC) | | | | |
| Past medical history (PMHx) | | | | |
| Relevant social history (SHx) | | | | |
| Relevant family history (FHx) | | | | |
| Impression / diagnosis | | | | |
| Medical /surgical plan | | | | |

Task 2.2 - Performing a Medication History (Peer Assessed Activity)

Document the drug history in the table below and ask your partner to complete the peer assessment form in Appendix A as you undertake the drug history

| Allergies and adverse | |
|--|--|
| reactions (include non-drug | |
| allergies such as nuts, soya, | |
| etc. and details of the | |
| reaction) | |
| Compliance aids from | |
| community pharmacy? If so, | |
| confirm pharmacy name and | |
| telephone number, the | |
| quantity of compliance aids | |
| received at a time, and | |
| quantity left at home. | |
| Dosette boxes made up at | |
| home treat are not blister | |
| packs | |
| Repeat medication | |
| Include name, brand where | |
| appropriate. Ensure you | |
| include details of: | |
| Formulation | |
| Device if appropriate, | |
| Strength of preparation | |
| • Dose | |
| • Route | |
| Frequency of | |
| administration | |
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| Recent short courses of | |
| medication (acute | |
| medicines) | |
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| Recently discontinued medicines | |
|------------------------------------|--|
| OTC/herbal/supplementary medicines | |

Task 2.3 – Patient Observations/ National Early Warning Score (NEWS)

| Observations and National Early Warning | | On admission | Latest/current |
|--|--------------------------|--------------|----------------|
| Score (NEWS) | Respiratory rate | | |
| | SpO2 (oxygen saturation) | | |
| | Temperature | | |
| | Blood pressure | | |
| | Pulse (heart rate) | | |
| | Capillary blood glucose | | |
| | NEWS (total score) | | |

Task 2.4 – Reviewing Patients Weight and Height Using the Malnutrition Universal Screening Tool (MUST)

| Malnutrition Universal Screening Tool (MUST) | | Latest/current |
|---|--|----------------|
| parameters | Height | |
| | Total body weight (TBW) | |
| | Ideal body weight (IBW) | |
| | Adjusted body weight (AdjBW) if applicable | |
| | Body mass index | |

Task 2.5 – Reviewing the Patient's Laboratory Results

| Laboratory results | | On admission | Latest/current | |
|--------------------|--|--------------------|----------------|--|
| | Ful blood count (FBC) | | | |
| | Haemoglobin | | | |
| | Platelets | | | |
| | White cell count | | | |
| | Neutrophils | | | |
| | Clotting screen | | | |
| | INR (if applicable) | | | |
| | Urea and electrolytes (U&E | s) / renal profile | | |
| | Sodium | | | |
| | Potassium | | | |
| | Urea | | | |
| | Serum creatinine (SrCr) | | | |
| | Bone profile | | | |
| | Adjusted calcium | | | |
| | Phosphate | | | |
| | Liver function tests (LFTs) | | | |
| | Albumin | | | |
| | Bilirubin | | | |
| | Alkaline phosphatase (ALP) | | | |
| | Alanine transaminase | | | |
| | (ALT) Asparate transaminase | | | |
| | (AST) Gama glutamyl | | | |
| | transferase (GGT) | | | |
| | Inflammatory / infection markers | | | |
| | C-reactive protein (CRP) | | | |
| | Microbiology | | | |
| | Details of any relevant microbiology results | | | |

Section 3: Analysis

Task 3.1 – Calculating Renal Function

| Renal function | | Baseline | Latest/current |
|----------------|--|----------|----------------|
| | Estimated creatinine clearance (eCrCl) | | |
| | Estimate glomerular filtration rate (eGFR) | | |

Task 3.2 – Patients with Acute Kidney Injury (AKI)

Only complete this task if the patient has an AKI

| Acute kidney injury | AKI stage | |
|---------------------|--------------------------------------|--|
| | Likely cause of AKI | |
| | Potentially nephrotoxic drugs | |
| | Medicines that may accumulate in AKI | |

Task 3.3 – Reviewing a Venous Thromboembolism (VTE) Risk Assessment

| Is the patient at risk of a VTE and does this risk outweigh the risk of bleeding? | |
|---|--|
| Any contraindications to pharmacological thromboprophylaxis based on information from patient's admission? Or is the patient already on anticoagulation (e.g. warfarin, DOACs) Will the dose need to be changed based on weight (Trust guidelines)? | |
| Does the patient's current renal function mean that amendments to treatment will be required? | |
| Are there any discrepancies between your VTE assessment and the one documented? | |
| What recommendations do you have for this patient's VTE prophylaxis and does this differ from the assessment? | |

Task 3.4 – Medicines Reconciliation (Reviewing Prescribed Medication Against Medication History)

| Discrepancies between | Medication | Discrepancy |
|--|------------|-------------------|
| drug history and current | | |
| prescription | | |
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| Necessary changes to | Medication | Reason for change |
| pre-admission medicines | | |
| because of current | | |
| circumstances | | |
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| Remaining unexplained | | |
| discrepancies between | | |
| the medication history | | |
| and inpatient medication | | |
| chart (i.e., those | | |
| discrepancies that cannot | | |
| be explained by a need to | | |
| change therapy) Suggestions for rectifying | | |
| the issues identified | | |
| the issues identified | | |
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Task 3.5 – Reviewing Treatments for Current Admission

| List of any new | Medication | Indication |
|--|------------|-------------|
| treatments prescribed | | |
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| Issues identified (e.g., | Medication | Issue |
| allergies, interactions, inappropriate therapy | | |
| etc.) | | |
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| Any monitoring or | Medication | Monitoring |
| follow up required | | |
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| Suggested | Medication | Suggestions |
| amendments | | |
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Section 4: Recommendations

Task 4.1 – Summarising your Contribution to Care and Recommendations for the patient

| Draft your case note entry here: | | |
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Appendix A: Medication History Peer Assessment Form

| Observer to Consider the Following Questions When Observing Student and Tick Once Actioned. | | |
|---|--|--|
| Did the student determine where the patient was admitted from? | | |
| Did the student introduce themselves by name and role, confirm that they had the correct patient, and ask the patient what they like to be referred as? | | |
| Was the reason for the consultation explained to the patient with limited use of jargon? | | |
| Did the student obtain informed consent from the patient to undertake the medication history? Did the patient know that the consultation was to be undertaken by a student? | | |
| Did the student enquire about how the patient manages their medicines whilst at home? | | |
| Did the student enquire about any potential allergies? | | |
| Did the student ask about their current repeat medication and confirm names, doses, frequencies of these – do they have a list, or have they brought in their medicines? | | |
| Did the student ask the patient if they would be happy for them to access their GP records after the consultation to confirm the medication history? | | |
| Did the student ask the patient about their repeat medications? | | |
| Did the student confirm with the patient if they took their medications as prescribed? This is important as just because someone is prescribed a medicine, it doesn't mean they take it as prescribed which might affect the management of the patient. | | |
| Did the student specifically ask about medicines that are easily forgotten by patients? | | |
| Did the student enquire about acute courses or recently discontinued medicines? | | |
| Did the student enquire about any OTC, herbal, or supplementary medicines they take? | | |
| Did the student ask about whether the patient attended any clinics or received any medicines from someone other than their GP and community pharmacy? | | |
| Did the student ask any other specific follow up questions – (e.g., did the patient use illicit substances/ performance enhancing drugs or buy medications from the internet?) | | |
| Did the student seek any further clarification as needed (e.g., summarise the list to the patient?) | | |
| Did the student thank the patient and close the encounter properly? | | |
| Did the student utilise any other sources of information to confirm the patients medicine history? | | |

Appendix B: Reflection

| State briefly what went well in regards to the task you have completed | | |
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| State briefly what did not go well and areas in which you could improve | | |
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| From the above, state what actions you would take to ensure that your practice has improved in line with what the task entails | | |
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| How will you showcase the new skills learnt from undertaking this training? | | |
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| State in your opinion how this this training will benefit the people using the NHS? | | |
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Appendix C: CPD - New Conditions/Diseases Additional copies of this paperwork can be downloaded from Canvas.

| Condition/ disease | |
|--------------------|--|
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| Pathophysiology | |
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| Other | |
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| considerations | |
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Appendix D: CPD – New Medication

Additional copies of this paperwork can be downloaded from Canvas.

| Medication | |
|----------------------|---|
| Indications and | |
| licensing | |
| | |
| Dosing in: Adults | |
| Addits | |
| Children | |
| Cilidren | |
| | |
| Renal impairment | |
| | |
| Hepatic impairment | |
| | |
| Contra-indications | |
| Contra marcations | |
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| | |
| Main side effects | |
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| | |
| Pregnancy/breast | |
| feeding | |
| considerations | |
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| Counselling points | |
| counselling points | |
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