

#### **RESEARCH ARTICLE**

# A survey on student pharmacists' knowledge, attitude and perceptions about drug and poison information elective rotation in Saudi Arabia

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#### Abstract

Background: Drug and poison information (DPI) elective rotation develops interns into drug information experts, educators, and policymakers. DPI is an important pharmaceutical service built on technical skills, knowledge and expertise. Aim: A pre- and post-rotation survey to assess the current knowledge, attitude and perceptions of student pharmacists about DPI rotation. Methods: Three cohorts of student pharmacists responded to the survey, which was composed of closed- and open-ended questions. Descriptive statistics, McNemar's test, and Chi-square test were utilised for data analysis. Results: Knowledge of primary resources increased from 37.2% to 85.6% at the end of the rotation. In the beginning, only 13.8% were aware of Pharmacy and Therapeutic committee related activities, and 15.9% considered identification adverse drug reactions as auxiliary responsibilities. However, the proportion increased to 82% and 83.5% by the end of the rotation. Both at the beginning and the end, student pharmacists felt the training was essential to appraise literature. Twice the number of respondents expressed that there were job opportunities in the DPI centre post-rotation compared with the pre-rotation response (p<0.001). The perception of responding to queries at their own pace was significantly reversed post-rotation (p<0.001). A significant association was found between opportunities in DPI centre and motivation to choose this rotation (p<0.05). Also, knowledge of primary resources with previous research was significantly associated (p<0.05). Conclusion: Interventions such as journal club, guest lectures and visit to the DPI centre significantly improved the knowledge, attitude and perceptions of student pharmacists towards this DPI rotation.

### Introduction

The Doctor of Pharmacy (Pharm.D.) programme is a six-year, full-time professional degree course conducted throughout the Kingdom of Saudi Arabia (Ahmed Al-jedai, 2016). The programme equips student pharmacists with clinical, biomedical and scientific knowledge and skills. The coursework is covered in five years (ten semesters), and after its completion, student pharmacists go through one year of advanced pharmacy practice experience (APPE). During the ninth semester of the academic phase, student pharmacists are introduced to the concepts of drug information and utilisation. Following this, in the tenth

semester, they undertake evidence-based medicine, and both these courses are delivered as theory subjects (Ahmed Al-jedai, 2016).

During the APPE, student pharmacists are offered six core rotations and four elective rotations to develop their practice skills and promote patient care. Student pharmacists can select from electives such as drug and poison information (DPI), total parenteral nutrition, inventory control, and chronic diseases. The rotation allotment is done based on their preferences, availability of slots and availability of preceptors.

During the DPI rotation, student pharmacists are challenged with practical problems related to drugs and poisons, taught to critically appraise medical information, and trained to reciprocate explicitly to queries. Hence the purpose of this rotation is to strengthen the knowledge learned during the educational phase and prepare them to face multiple tasks that the pharmacist needs to perform in the DPI centre.

DPI is an essential pharmaceutical service providing factual information to healthcare professionals (Cafege, 1989). It serves as a vital source of information to clinicians during emergencies as they may require evidence-based therapeutic recommendations within a short time frame (Strobach et al., 2015; Alamri et al., 2017). The queries could be related to the pharmacokinetic profile, drug interactions, compatibility issues, and the possibility of intolerance. Apart from the clinicians, patients and consumers might seek medical information. To impart explicit details, the DPI centre pharmacist should be knowledgeable, should be acquainted with drug information resources, and have the skill to retrieve, validate, and provide information within the stipulated time frame. Also, DPI pharmacists carry out other responsibilities such as preparing public education material, patient information leaflets, adverse drug reaction (ADR) monitoring, Pharmacy and Therapeutics related activities, information on abusive substances, toxico- vigilance, developing clinical decision support tools, and formulating drug policies (Walton & Knodel, 1983; Ruppelt & Vann, 2001; WHO, 2004; Rahmner et al., 2017). Hence, student pharmacists need technical training as well as skills in time management, leadership and organisation to perform the multifaceted tasks of the DPI pharmacist.

Table I: Responses of student pharmacists to a preliminary survey on elective rotations

Characteristics	Frequency (%)
Gender	
Females	119 (44.90)
Males	146 (55.09)
Elective rotation preferences	
Chronic diseases	141 (53.20)
Inventory control	65 (24.52)
Drug and poison information	59 (22.26)
Reasons quoted about DPI	
No patient contact	93 (35.09)
Limited options	64 (24.15)
No comments	108 (40.75)

To assess student pharmacists' preferences for core and elective rotations, the authors conducted a preliminary survey a month before completing their academic coursework. They found that only 22.2% of the student pharmacists preferred the DPI rotation over the other electives (Table I). As DPI is a crucial elective rotation, student pharmacists need to foster interest, competence, and confidence to undertake this rotation. Thus, the authors assessed the knowledge, attitude, and perceptions of student pharmacists towards DPI elective rotation both at the beginning and at the end of the rotation.

## Design

#### Ethics approval

The Institutional Review Board, College of Pharmacy, Kingdom of Saudi Arabia, approved the proposal bearing number 3812/222/1438 dated 23rd November, 2016.

The study was a descriptive pre-post survey carried out on student pharmacists during their APPE experience. Two hundred and eighty-seven student pharmacists from three cohorts undertook training locally from January 2017 to August 2018. Out of these, 238 student pharmacists were allotted the DPI rotation, with the numbers differing for each cohort. One hundred and forty-eight respondents consented to participate in the pre-rotation survey. The questionnaire was structured based on a literature search (Asiri et al., 2007; Wojas & Graham, 2009; Churi et al., 2013; Ghaibi, Ipema, & Gabay, 2015; Khaliq & Sayed, 2016; WHO, 2020) and read by two experienced preceptors. As two questions on knowledge and two items from the perception section were ambiguous, they were deleted. The questionnaire had three modules to evaluate the current knowledge, attitude and perceptions towards the DPI rotation, containing both open- and closed-ended questions. Also, the gender of the respondents and their prior involvement in medical research were recorded. The student pharmacists then went through one-month of DPI rotation training.

Unlike the other rotations, the DPI rotation is conducted on the University campus and monitored by experienced preceptors. The rotation begins with an orientation to provide insight on the DPI rotation. Student pharmacists are provided with case scenarios and advised to search and compute their responses in the best possible manner. The preceptor then provides feedback to the response submitted through face-to-face interaction with the student pharmacists and clarifies their doubts, if any. Apart from case scenarios, the student pharmacists also

undertake journal club presentations, prepare monographs, creates patient information leaflets, and public education material.

After completing the DPI rotation, a follow-up survey was conducted, and one hundred and thirty-nine respondents participated in the post-rotation study.

#### Data analysis

Data were entered into Microsoft Excel and analysed using version 23.0 SPSS for Windows (SPSS Inc., Chicago, IL). Frequencies were computed for all variables. McNemar's test (Verhoef  $et\ al.,\ 2013$ ) was used to assess the differences in pre-post responses given by the student pharmacists. Also, the level of association between the knowledge of information resources with prior research undertaken, motivation to choose the rotation, and its association with opportunities in the DPI were assessed by the Chi-square test. The level of significance was set at p<0.05.

#### **Evaluation and assessment**

In the pre-rotation survey, of a total of 148 randomly selected student pharmacists, three questionnaires were rejected as they contained several questions unanswered, giving a response rate of 97.97%. In the post-rotation survey, 139 student pharmacists responded, giving a response rate of 93.91%. Among the respondents, 47.6% were females, and 52.4% were males. In total, 40.7% of student pharmacists undertook some form of prior research, with 4.1% participating in the preparation of reviews, 11 % in original research, and 25.5% working in group research (Table II).

Table II: Baseline characteristics of student pharmacists opting the drug and poison information centre rotation

Characteristics	Frequency (%)
Gender (pre-rotation)	
Females	69 (47.6)
Males	76 (52.4)
Gender (post-rotation)	
Females	67 (48.20)
Males	72 (51.79)
Prior research undertaken	
Yes	59 (40.7)
No	86 (59.3)
Type of research undertaken (N= 59)	
Reviews	6 (10.2)
Original research	16 (27.1)
Group research	37 (62.7)

A remarkable change was observed in identifying the resources needed in the DPI between the pre- and post-rotation survey. Nearly 72% of student pharmacists exhibited awareness of the role and responsibilities of the DPI pharmacist in the post-rotation study (Table III). Also, over one-half of the respondents were aware of all the ADR reporting systems contrary to their lack of knowledge at the beginning of the rotation (Table III).

Table III: Knowledge of student pharmacists before and at the end of the drug and poison information centre rotation

Knowledge of DPI	Pre-rotation n (%)	Post-rotation n (%)
Information resources in DPI	(N= 145)	N=139
Micromedex	65 (44.8)	13 (9.4)
Lexicomp	42 (28.9)	13 (9.4)
Clinical Pharmacology/ Martindale	18 (12.4)	5 (3.6)
Journals	12 (8.2)	7 (5.0)
All	8 (5.5)	101 (72.7)
Role of DPI pharmacists	(N= 142)	N=137
Developing drug policies	36 (24.8)	18 (13.1)
Prepare dosing protocols	17 (11.7)	9 (6.6)
Conduct educational programs	65 (44.8)	32 (23.4)
Carry out economic analysis	24 (16.5)	7 (5.1)
All	-	71 (51.8)
Adverse drug reporting systems	(N=145)	N=139
Medwatch	64 (44.1)	20 (14.4)
Yellow card	28 (19.3)	14 (10.1)
Both	40 (27.5)	13 (9.4)
Saudi ADERS	13 (8.9)	17 (12.2)
All	-	75 (54)

The knowledge of tertiary information resources such as Micromedex, Lexicomp, textbooks, and compendia did not differ before and after the rotation; however, awareness of primary information resources such as original research publications in journals improved from 37.2% to 85.6% by the end of the rotation (Table IV). Only 15.9% and 13.8% student pharmacists in the pre-rotation survey perceived that the DPI pharmacists are involved in identifying ADR, and participating in Pharmacy and Therapeutic committee related activities; however, during the post-rotation survey, a significant increase in response to 82% and 83.5%, (p<0.001) respectively, was observed (Table IV).

Table IV: Student pharmacists awareness at the beginning and at the end of the drug and poison information centre rotation

Knowledge of DPI	Pre-rotation N (%)		Post-rotation N (%)		<i>p-</i> value
	Yes	No	Yes	No	
Knowledge of information sources					
	N=	145	N=		
Primary	54 (37.2)	91 (62.8)	119 (85.6)	20 (14.4)	0.001*
Secondary	66 (45.5)	79 (54.5)	111 (76.9)	28 (20.1)	0.001*
Tertiary	137 (94.5)	8 (5.5)	138 (99.3)	1 (0.7)	0.031*
Important tasks that pharmacists have in DPI					
Information provider	105 (72.4)	40 (27.6)	123 (88.5)	16 (11.5)	0.001*
Identifying ADR/Drug interactions	23 (15.9)	122 (84.1)	114 (82)	25 (18)	0.001*
Participating in P&T activities/ guidelines	20 (13.8)	125 (86.2)	116 (83.5)	23 (16.5)	0.001*

DPI: Drug and poison information; \*p<0.05 considered statistically significant; ADR: Adverse drug reactions; P&T: Pharmacy and Therapeutic.

The pre- and post-rotation survey yielded identical responses with regards to the attitude of the student pharmacists meeting their preceptor, critically appraising information, and the usefulness of the academic programme. At the end of the rotation, nearly twice the proportion (71.9%) of student pharmacists believed there were job opportunities in this sector. The confidence to prepare patient education material was relatively higher at the end of the rotation (Table V).

The majority of the student pharmacists (84.1%) perceived that they have to respond to queries at a fast pace by the end of the rotation. Student pharmacists had lower confidence in providing drug information; however, this improved by the end of the rotation (p<0.001). Also, a significant difference in pre- and post-response was reported among student pharmacists as most of them (89.9%) visited the DPI at the end of the rotation (p<0.001). The perception of the use of medical jargon did not change before and at the end of the rotation. Student pharmacists also showed an increase in their perception of referring others to the DPI (87.1%) (Table V).

As shown in Table VI, the authors found student pharmacists who researched during their academic phase were more familiar with primary resources [ $\chi^2$  (1, N=145)

=4.44, p=0.038]. Also, the motivation to choose the rotation was influenced by job opportunities in the DPI [ $\chi^2$  (3, N=145) = 9.92, p=0.019].

Table V: The attitude and perceptions of student pharmacists towards the drug and poison information centre rotation

Variable	Before rotation N (%)		After rotation N (%)		p- value
	Yes	No No	Yes	No	value
Attitude					
Important to meet my preceptor regularly	120 (82.8)	25 (17.2)	127 (91.4)	12 (8.6)	0.008*
Academic programme will be useful in understanding drug therapy related problems	143 (98.6)	2 (1.4)	138 (99.3)	1 (0.7)	1.0
DPI has many job opportunities for pharmacists	51 (35.1)	94 (64.8)	100 (71.9)	39 (28.1)	0.001*
DPI training is needed to improve my ability to critically appraise literature	131 (90.3)	14 (9.7)	128 (92.1)	11 (7.9)	1.0
I can prepare patient education leaflets	23 (15.9)	122 (84.1)	112 (80.6)	27 (19.4)	0.001*
Perceptions					
I can take time to provide a response	122 (84.1)	23 (15.9)	14 (9.7)	125 (89.9)	0.001*
Should answers to questions include medical jargon	14 (9.7)	131 (90.3)	3 (2.1)	134 (92.4)	0.002*
Will refer anyone facing drug therapy problems to contact the DPI	95 (65.5)	50 (34.5)	121 (87.1)	18 (12.9)	0.001*
Are you confident in providing drug information at present?	18 (12.4)	127 (87.5)	126 (90.6)	13 (9.4)	0.001*
Have you visited the DPI in your locality?	8 (5.59)	135 (94.4)	125 (89.9)	14 (10.1)	0.001*

DPI: Drug and poison information; \*p<0.05 considered statistically significant.

Table VI: Association between factors with relation to the drug and poison information centre rotation

Variable	$\chi^2$ (df)	р
Prior research* Knowledge of primary information sources	4.44 (1)	0.038*
Job opportunities in DPI* Motivation to choose this rotation	9.92 (3)	0.019*

DPI: Drug and poison information; \*p<0.05 considered statistically significant, ADR: Adverse drug reactions

#### Discussion

The study demonstrated significant improvement in the knowledge, attitude and perceptions of student pharmacists towards the DPI rotation at the end of experiential learning.

The DPI Service is primarily set up with the goal of providing drug information (Wojas & Graham, 2009). Nearly three-fourths of the student pharmacists in the study reinforced this concept that the DPI pharmacist would be mainly involved in providing drug information. However, student pharmacists were less familiar with auxiliary tasks undertaken by the pharmacists in the DPI centre, which significantly improved at the end of the rotation.

Clinicians and the public may seek credible information on drugs and poisons. However, in the case of clinicians, time is a major constraint due to long queues of patients, surgeries and hospital rounds (Hedegaard & Damkier, 2009; Steel et al., 2014). A well-trained pharmacist can provide accurate information that can aid in the decision-making process (Gelayee, Mekonnen, & Birarra, 2007). To provide accurate information, student pharmacists should have sound knowledge and skills to search and retrieve information from the right source before giving it to the enquirer. The authors found the majority of the respondents familiar with tertiary information resources, and this response was consistent both at the beginning and at the end of the rotation. Tefera et al. have reported that over 80% of the answers to queries are done after referring to tertiary information sources (Tefera et al., 2019). Also, a study conducted in Singapore and several other studies has reported the use of tertiary information resources as they are considered succinct and utilised more compared with primary information resources (Ponampalam, Anantharaman, 2003; Wong, Ko, & Sklar, 2009; Almazrou, Ali, & Alzhrani, 2017). Only a little over one-third knew of primary information resources at the beginning of the rotation. Still, an appreciable change was observed at the end of the rotation, implying that the strategies advocated during the rotation were helpful for the student pharmacists. Primary resources are not a common source of information when handling queries, as reported in a study conducted in Ethiopia (Hedegaard & Damkier, 2009). However, for more specialised information, primary resources could be beneficial, and students need to be trained to use them effectively.

Familiarity with developing drug policies on medication use and engaging in pharmacoeconomic evaluations was limited. Nonetheless, nearly one-half of the student pharmacists believed that pharmacists could organise continuing education programmes. This agrees with the findings of a study conducted in a teaching hospital in Nepal, wherein, they have reported that DPI pharmacists are engaged in continuing professional development sessions (Shanker *et al.*, 2007). However, at the end of the rotation, nearly three-fourth student pharmacists felt that the DPI pharmacists have a multifaceted role to play.

Less than one-fourth of the student pharmacists selecting the DPI rotation as a personal choice in the pre-rotation survey plausibly due to lack of awareness of the importance of DPI pharmacists. However, nearly one-half were motivated to undertake it following counselling, and almost 18% opted for this rotation based on their classmate's recommendation. Incidentally, as only 5.5% of student pharmacists had visited the DPI in their area, they might have had a limited understanding of the varied activities taking place in these centres. As the roles and responsibilities of pharmacists have evolved with time, the authors organised two visits to the DPI centre located in this region. Thus, they gained insight into the changing roles of the DPI pharmacists. Accordingly, their awareness and perceptions changed, as nearly 90% of them visited the DPI by the end of the rotation.

One-third of the student pharmacists perceived that there were limited job opportunities in this area before the commencement of the rotation. This factor might have deterred them from opting for this rotation. Interestingly, the proportion of student pharmacists perceiving job opportunities doubled by the end of the rotation. Healthcare professionals in Saudi Arabia and the United Arab Emirates are poorly informed of the scope of drug information centres (Abou-Auda, 2008; Gharibyar et al., 2013). Hence, when healthcare sector professionals themselves lack awareness, it is not surprising to obtain a similar response from student pharmacists. A study from Singapore revealed that 41% of physicians preferred pharmacists as providers of drug information (Tefera et al., 2019). Moreover, in the Kingdom of Saudi Arabia, several National Drug and Poison Information Centres (NDIC) have been operationalised in several hospitals and over 2,500 primary healthcare centres, (Alomi et al., 2016), creating immense job opportunities in this domain.

Astonishingly, the authors also found that only around 9% of the student pharmacists knew about Saudi Adverse Event Reporting System (ADERS), while nearly one-half of the student pharmacists were aware of adverse drug reporting through Medwatch. However, at the end of the rotation, their awareness of all the ADR reporting systems notably improved.

During an emergency, providing quality information within a stipulated time could be life-saving (Al Doughan, Alomi, & Iflaifel, 2019). Still, the pre-rotation survey revealed that 84% of the student pharmacists felt they could respond at their own pace. This response coincides with the findings of another study wherein, graduating pharmacy students took anywhere between five minutes to one-hour to handle gueries indicating that it was not time intensive (Ponampalam & Anantharaman, 2003). Another study revealed that the time spent responding to queries could also depend on the complexity of the question and the type of information resources searched (Reppe, Spigset, & Schjøtt, 2010). Incidentally, training substantially changed the perception of student pharmacists' with nearly 90% perceiving the importance of responding quickly.

Also, a desirable trait of the drug information specialist is to provide information without including complicated medical terms. The authors found the majority of the student pharmacists responding accordingly at the beginning and end of the rotation.

The 40% of student pharmacists who engaged in research activities during their academic phase possessed significantly better knowledge of primary information resources than student pharmacists who never undertook research.

An essential part of the learning process is to receive constructive criticism and guidance from the preceptor and build a healthy relationship with them (Batool, Muzzamil, & Qureshi, 2019). Many activities can be performed through preceptor support as they play a significant role in capacity building, provided the student pharmacists regularly interact with them. Over 80% of student pharmacists desired to receive guidance and feedback from their preceptors to improve their performance. Also, over 90% of them felt that they need support to appraise medical literature critically.

Also, a little over 60% of the student pharmacists felt they would recommend family and friends to consult and utilise the services of the DPI before the rotation. A study conducted in Pakistan reported that students and interns showed the least usage of the DPI services (Batool, Muzzamil, & Qureshi, 2019). A similar finding was reported in Ethiopia, wherein respondents did not contact the drug information centre for their needs (Gelayee, Mekonnen, & Birarra, 2007). Also, Almazrou *et al.* (2017) have stated the necessity of creating awareness of DIC to promote consultations with DIC pharmacists (Almazrou, Ali, & Alzhrani, 2017). Hence, it is vital to refer others to

the DPI centre, and the proportion of student pharmacists showing confidence in DPI improved after the rotation.

Based on the information collected before the rotation, the authors encouraged student pharmacists to participate in journal club sessions and manuscript writing to foster critical thinking and familiarise them with information resources. To complement the current strategy, two visits were organised to the DPI centre, regular guest lectures, seminars, and workshops from experts in toxicology and emergency medicine, to gain insights into the practical approach of addressing drug and poison-related problems. DPI professionals and community pharmacists were invited to speak and sensitise the student pharmacists on the dynamic role of the DPI personnel.

## **Limitation & strengths**

This study was not limited to a single cohort of student pharmacists but included three groups, thereby avoiding the possibility of bias that can arise from the responses of a single cohort. This study is unique as it addresses students' perceptions of this rotation and remedial measures to improve their inclination towards this rotation. However, the collection of responses from students of a single university could be a limitation of this study. Also, the authors conducted only face validity of the questionnaire, a limitation which they hope to overcome in their extended studies.

# Conclusion

Thus, experiential training in the DPI centre led to significant improvement in knowledge, attitude and perceptions of student pharmacists towards the DPI rotation. Locating appropriate information, responding to queries on time, and also understanding the role of the DPI pharmacists were the fundamental changes reflected in student pharmacists by the end of the rotation.

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